

COVID-19 FACTS AND INFORMATION FOR CHILDREN AND FAMILIES AS YOU RETURN TO SCHOOL



PHMC health network

Although fewer children have been infected with COVID-19 compared to adults, children can:

- Be infected with the COVID-19 virus.
- Get sick from COVID-19.
- Spread COVID-19 to others, including parents and grandparents.

The U.S. Food and Drug Administration **approved** the Pfizer-BioNTech COVID-19 vaccine, and it will now be marketed as Comirnaty for the prevention of COVID-19 disease in individuals 16 years of age and older. The vaccine continues to be available for individuals 12 through 15 years of age under emergency use authorization. ***Both products can be used interchangeably without any safety and efficacy concerns.***

COVID-19 vaccines help **protect** kids from getting COVID-19. Getting a COVID-19 vaccine will also help keep them **from getting seriously ill or hospitalized** if they do get COVID-19.

FACTS ABOUT THE VACCINE THAT CAN PROTECT YOUR CHILD AND YOUR FAMILY

Here are important facts to reflect on if you are considering taking the vaccine.

- The Pfizer vaccine has been proven safe and effective for children ages 12 to 16.
- The clinical trials tested the safety and effectiveness of all three COVID-19 vaccines in more than 110,000 children and adults from different races, ethnicities and health conditions. ***All vaccines are safe and effective for Black, Hispanic/Latino, and other people of color.***
- The COVID-19 vaccine will protect you against severe illness, hospitalizations and death from the virus. The vaccine also protects you from almost all variants including the Delta variant, which is twice as likely to spread.
- 97% of people entering hospitals for COVID-19 are not vaccinated.
- The vaccine does not impact your DNA. The vaccine tells our cells to create a response to defend against the virus; it does not enter the that part of the cells where the DNA is kept.
- Even if you have had COVID-19, a vaccine gives you a stronger and more consistent antibody response against COVID-19 and is particularly helpful against new variants.
- There is no evidence to support that the COVID-19 vaccine will affect a child's fertility in the future.

If you have questions or concerns about the vaccine, please contact a PHMC Health Network nurse at [855.887.9229](tel:855.887.9229) | pnmhealthnetwork.org

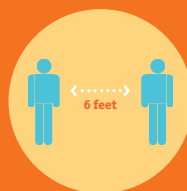
Practice safety guidelines to stop the spread of the virus.



Wear a mask



Wash your hands
regularly



Practice social
distancing



Get COVID-19 vaccine